

HOW TO CREATE YOUR OWN DNA SAMPLING KIT AT HOME

Important Precautions:

- Participants should not eat or smoke for one hour prior to samples being collected.
- In order to collect a proper sample, it is important that person has a clean mouth. Adults and children: Rinse mouth three times with warm water. Infants: Allow infant to drink room temperature water from a bottle before sampling. Do not use mouthwash or toothpaste.
- Submission form must be returned with your samples. Testing will not commence without the appropriate consent. If test includes more than 3 participants, you will need to print extra copies of the sample submission form. We will email you the Collection Form with your assigned Reference Number upon confirmation of your order and payment.

Terms and conditions can be read here: <http://www.easydna.ph/terms.html>

What you will need:

1. You will require four (4) sterile cotton-tipped swabs/oral buccal swabs for each participant. These can be purchased from a pharmacy. If the swab has 2 cotton ends be sure to cut one of them off before starting sample collection procedure. It is important to avoid touching the cotton end with your fingers.
2. You will also require paper envelopes to place the cotton swabs in after samples have been collected (one envelope for each participant).

DNA SAMPLE COLLECTION INSTRUCTIONS:

Step 1: Prepare an envelope for each participant, clearly writing the following details on the outside:

- Your case reference code (this will be provided to you at time of order by our customer support team. Contact us to request yours.)
- Full Name
- Date of Birth
- Relationship: e.g. alleged father, child etc.
- Date of Collection
- Your Signature (for minor participants, it has to be signed by the alleged father, mother or legal guardian of the child.)



Prepare a clean glass you will use to put your swabs after collecting your samples to dry.
Use one, clean glass for each participant.

Step 2: Using clean swabs, rub the cotton end of the swab along the inside of your cheeks (left and right), against the gums and behind your lips as well. Do this for 30 seconds per person. Remember, you are collecting loose cheek cells and not just saliva, so rub right against the inside of the cheek. **Do this with four (4) swabs per person.**

Step 3: Allow the swabs a MINIMUM of 1 hour to dry. Place the swabs in the clean glass, ensuring that the end of the swab is not touching anything else (for e.g. standing upright in a glass with cotton-end in the air).

When dry, place the swabs into the paper envelope. **Do NOT touch the end of the swab at anytime not even to check if it is dry. Do NOT lick the envelope to close.** We suggest you collect samples for different participants separately at different times to avoid any risk of contamination or mix-up.

Step 4. Accomplish and sign your Sample Collection Form. This will be emailed to you at the time of your order.

Step 5: Place the paper envelopes with the swabs inside into one larger envelope along with your signed submission form (sample collection form) and send back to EasyDNA Philippines for processing. Please remember to affix enough postage and use a secure service such as courier or registered mail. Please mail it to:

**EasyDNA Philippines
Unit B de Leon Building
Batangas St., Mt. View Subdivision
Balibago, Angeles City 2009
Philippines**

For further assistance, please contact us at info@easydna.ph and/or precy@easydna.ph.

